



## **EXCHANGE PROGRAMME FACT SHEET ACADEMIC YEAR 2020/2021**

### **School address (Campuses)**

Master Programs building  
& International Office:  
Volkhovskiy Pereulok - 3,  
St. Petersburg, 199004, Russia

Bachelor Programs building:  
Mikhailovskaya Dacha Campus:  
Sankt-Peterburgskoye Shosse, 109,  
Peterhof, St. Petersburg, 198515, Russia

### **Postal Address to send documents to**

The documents regarding international cooperation with GSOM must be sent to the International office address

### **Website GSOM SPbU**

### **Nomination procedure & deadlines (proceeded by a partner)**

Inquire a link to proceed with nominations from any GSOM International Office team member.

#### **The nomination deadlines:**

by April 1 for Fall semester  
by October 15 for Spring semester

### **Free mover options**

A student who is not officially nominated by a partner University or is coming from the University that has no student exchange agreement with GSOM SPbU can be accepted for a semester as a free mover student (on a fee-paying basis).

### **International Office Contacts**

Volkhovskiy Pereulok - 3,  
St. Petersburg, 199004, Russia  
+7 812 323 84 47  
[exchange@gsom.pu.ru](mailto:exchange@gsom.pu.ru)

**Head of the office (agreements, general cooperation issues):** Ms. Alisa Stepanova  
[a.e.stepanova@gsom.spbu.ru](mailto:a.e.stepanova@gsom.spbu.ru)

**Outgoing students:** Ms. Ekaterina Bader  
[e.bader@gsom.spbu.ru](mailto:e.bader@gsom.spbu.ru)  
(replacing Ms. Anastasia Svidzinskaya)

**Incoming students:** Ms. Ekaterina Soloveva  
[ekaterina.soloveva@gsom.spbu.ru](mailto:ekaterina.soloveva@gsom.spbu.ru)

**Visa issues:** Ms. Ekaterina Zhulanova  
[e.zhulanova@gsom.spbu.ru](mailto:e.zhulanova@gsom.spbu.ru)

#### **CEMS MIM Coordinator:**

Ms. Olesya Ustimenko  
[ustimenko@gsom.spbu.ru](mailto:ustimenko@gsom.spbu.ru)  
+7 (812) 323-84-48

### **Application procedure (proceeded by a student)**

After students are nominated to GSOM they receive an e-mail with further instructions necessary for their application.

#### **The application deadlines are:**

April 15 for Fall semester  
October 25 for Spring semester

## Documents required

### The following documents must be attached to the student application:

- the latest university academic report (transcript) reflecting grades and GPA
- English language proficiency confirmation comparable to the min level expected: TOEFL ibt 80/ IELTS 6.0 or B2 on a test administered by a teacher qualified to work with CEFR
- a resume/CV
- passport copy (which must be valid for min 18 months since mid-August for those arriving in Fall; since mid-January for those arriving in Spring).
- if you plan to take courses which are taught in Russian: Russian language proficiency confirmation at the B2 level.

### Academic calendar

#### Fall semester (expected) \*

01.09. – 26.01. (Masters)

01.09. – 31.01. (Bachelors)

#### Spring semester (expected)\*

11.02. – 30.06. (Masters)

11.02. – 06.07. (Bachelors)

### Preliminary Arrival date

Starting from 23.08. (to be reconfirmed annually by announcing to the students)

Starting from 01.02. (to be reconfirmed annually by announcing to the students)

### Preliminary Introduction days

Last week of August in Fall + around 2 days to enter Russia;  
First week of February in Spring + around 2 days to enter Russia.

*\*All dates change slightly and are timely reconfirmed each semester to the selected students.*

You should not plan ANY trips (including your return date) until you have an exam schedule for all the courses you are registered for. You can resit ONLY midterm exams during the official resit period. Note that GSOM doesn't provide with the alternative exam arrangements.



## INTRODUCTION PERIOD

Participation in the Introduction Week is highly recommended. The activities include a tour around GSOM SPbU, information meeting with key persons, Russian language crash course and a concurrent social and cultural program organized by GSOM Buddy Team.

Note: On the first days of the Intro week, all exchange students must deal with the registration at Federal Migration Service; thus coming to Int.Office right upon arrival is a must.

## DOING BUSINESS IN RUSSIA

Twice a year at the very beginning of the semester a three week intensive module Doing Business in Russia is held for all newly arrived international students\* at GSOM. Students are encouraged to ask still more questions and to get below the surface of preconceived ideas about living and working in Russia.

Check the latest [course description](#)

*\*the availability of the course to bachelor and CEMS students is reconfirmed each semester*



## Full-time workload

The expected academic load equals 30 ECTS/semester (including a Foreign language course). If you are not able to take a full workload, you must enclose a statement from your home university confirming it. Class attendance is mandatory and crucial (your grade or right to sit for the final exam can be affected by absence in the class).

## Courses for Exchange Students

The [course list](#) is annually reviewed and once confirmed is published with a few changes before the start of each semester.



## **Special study conditions due to medical reasons**

In case it is officially prescribed for a student to study under special conditions due to medical reasons, it must be supported upon the student's arrival by presenting to the International office an official medical document stating certain conditions to be taken into account. The document must be translated into Russian.

## **Accommodation**

A place in SPbU dormitory (shared rooms for 2-3 students with joint kitchen and shower facilities) is automatically provided to all international students. The cost is around 100 euro/month. This option allows to quickly get a social network and helps to save money, still the living conditions are basic and rules are restrictive. A student is allocated a place in the dormitory in accordance with the order confirmed by the University (it is impossible to choose a roommate unless offered before your arrival by SPbU's initiative). Master exchange students are placed in ulitsa Kapitanskaya, dom 3, (30 min by public transportation from GSOM). Bachelor exchange students are offered a space in ulitsa Khalturina, dom 15/1, Peterhof, (20 min by bus to the Mikhailovskaya Dacha campus).

**Individual application for the dormitory:** Not required.

## **Private accommodation & Registration in the city**

Students may stay «off-campus» but must arrange for this independently. Those students who will choose to stay at a private place will have to deal with the registration procedure individually together with the owner of the place they rent (see the relevant page in the students' guide for more information). Monthly rent for a 1 bedroom apartment ranges from 30,000 Rubles and higher. There are many options on the internet as well as some tips in the GSOM exchange student Facebook group. GSOM doesn't accumulate this kind of information and is not entitled to advice on the matter.

## **Health Insurance**

A sufficient medical insurance covering the whole period of your stay in Russia is a must not only to avoid extra expenses connected with possible health problems or accidents but will also be required from you when extending your single entry visa (check the guide to see GSOM requirements).

NB: For some nationalities the absence of documentation for valid medical insurance can be a reason for rejection of a visa application.

## **Visa**

An official letter of invitation from GSOM SPbU is required to apply for a visa. The process of issuing an invitation takes 4 weeks. To get both an invitation and then a visa, the passport must be valid for min 18 months beyond the date of the validity of the invitation (since mid-August for those arriving in Fall semester; since mid-January for those arriving in Spring semester). According to Russian Federation legislation, students may only request a 90 day Russian student visa with a single entry. Upon the arrival students are officially enrolled to GSOM SPbU (20 working days), after which they are able to apply for a multi-entry visa. The processing time of extending visa is 5 weeks. You should not therefore plan to travel outside of SPb during this period.

AVOID making travelling plans until you submit your passport for visa extension.

## Booking return tickets

AVOID booking your return ticket until you know the exact dates of the semester confirmed by the academic offices (as a rule announced to you with the relevant course lists) as the date of the end of the semester will be the date when your visa expires.

Otherwise you risk being forced to change your tickets.

GSOM also does not recommend to plan your return date until you have an exam schedule with dates of final assessment for all the courses you are registered for.

## Conditions and cost of living

There are many shopping centers in SPb as well as a number of local markets, convenience stores with the most common daily goods and 24/7 supermarkets.

Public transportation (per ride): bus, 40 R., metro 45 R., and the semi-private minibuses (marshrutkas) – 50 R. Student public transport card can be purchased for the duration of the exchange semester.

Living costs depend on life style and spending habits. On average an international student spends about 25,000 -30,000 RUR (excl. rent)\*. A hot meal in the GSOM cafeteria with soup or salad and a main course and a glass of a fruit drink: 250 R.

See more [examples of specific prices](#).

### Public Holidays

#### Fall Semester

November 4 –  
National Unity Day

January 1-7 –  
New Year Holidays

January 7 –  
Orthodox Christmas

#### Spring Semester

February 23 – Defender of  
Motherland's Day

March 8 –  
International Women's Day

May 1 – Spring and Labor Day

May 9 – Victory Day

June 12 – Russia National Day



# We look forward to welcoming you at St. Petersburg University and GSOM!



[GSOM official video](#)

[Video from students contest "My GSOM"](#)

[My GSOM, My SPbU 2015: How to make it](#)

[Join our business family](#)

[CEMS Annual Events St.Petersburg 2015](#)

